

2026



# Prospectus

SUNSHINE COAST



DANCE ACADEMY

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SUNSHINE COAST



DANCE ACADEMY

## Message from Head of Dance

Thank you for considering Sunshine Coast Dance Academy.

It is a privilege to lead a program dedicated to nurturing young dancers with the skill, discipline, and artistry required for a professional pathway.

Our training is designed to challenge, inspire, and support every student, combining classical ballet and contemporary dance with a strong focus on technique, creativity, and performance readiness. As part of Peregian Beach College, our dancers benefit from a seamless integration of high-level dance training alongside their academic studies — ensuring their development as both artists and well-rounded individuals.

My commitment is to create an environment where students feel encouraged, valued, and driven to reach their full potential. I look forward to guiding each dancer through their journey into the next stage of their training and future careers.

A white, handwritten signature of Sarah Bateman, written in a cursive style, positioned to the left of her name and title.

*Sarah Bateman*  
Head of Dance



# Faculty

## Classical Ballet & Contemporary



- MA and BA (Hons) in Contemporary Dance
- Trained at London Contemporary Dance School
- Professional Dancer with Theatre St Gallen
- DDI and DDE Teaching Qualifications in Cecchetti Ballet
- 10 years professional experience

*Sarah Bateman*

## Strength and Conditioning



- Bachelor of Sport & Exercise Science
  - ESSA Accredited Sport & Exercise Scientist
  - Football Australia/AFC C Diploma
  - Level 1 AASCF Coaching Accreditation (Allstar Cheerleading)
  - First Aid & CPR Accredited
- Competed at state and national level in Football, Allstar Cheerleading & Dance, Athletics & Touch Football.
- Over 5 years of coaching experience in U13-U17 Football.
  - 2 years experience in Strength & Conditioning Coaching & Sport Science.

*Georgia Wing*



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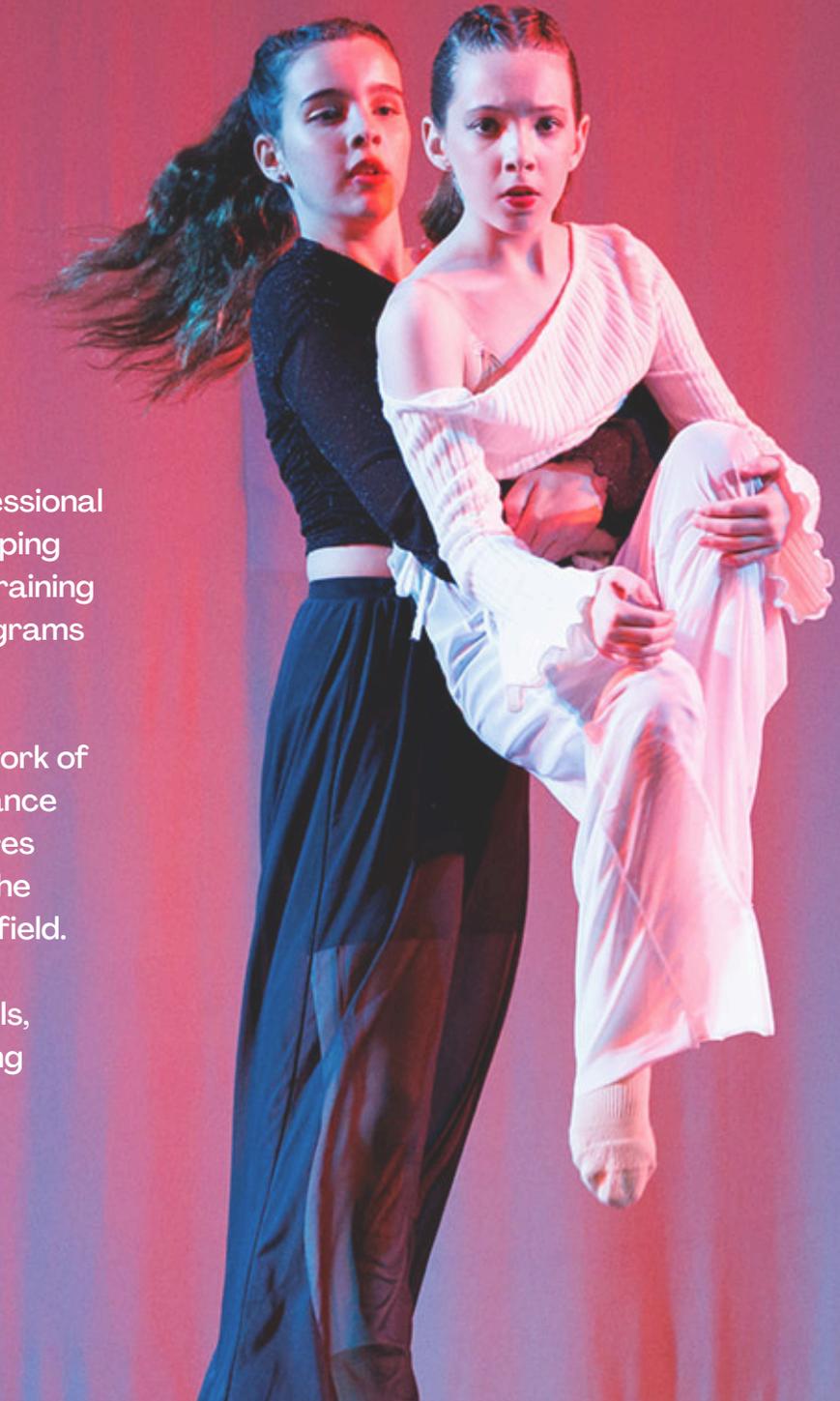
DANCE ACADEMY

# About

Sunshine Coast Dance Academy is a dedicated training program designed for students who aspire to pursue dance at a pre-professional and professional level. Our curriculum supports dancers in developing strong technical foundations, artistic versatility, and disciplined training habits essential for progressing into full-time tertiary dance programs and industry pathways.

The Academy operates in partnership with the academic framework of Peregrine Beach College, allowing students to balance rigorous dance training with their school studies. This integrated approach ensures dancers receive high-quality education both in the studio and in the classroom, without compromising their long-term goals in either field.

With a focus on excellence, mentorship, and industry-relevant skills, Sunshine Coast Dance Academy aims to nurture committed young dancers and guide them confidently toward their next stage of performance or professional training.



# Classical Ballet



# Classical Ballet

Our school incorporates classical ballet because it provides the strongest technical foundation for all dancers. We are proud to be the only school within a 30 km radius, and one of just two schools north of Brisbane, that teaches the Cecchetti Method.

Through the Cecchetti Method, students build strength, discipline, and the precise vocabulary needed to progress safely and confidently in other dance styles. This structured, progressive approach emphasizes clean lines, musicality, and technical excellence — supporting exam pathways, scholarship opportunities, and readiness for stage work and performance.

Most importantly, learning Cecchetti ballet helps our dancers become well-rounded performers with refined technique, musical awareness, and artistic expression. We teach ballet not just because it is traditional, but because it elevates every dancer's ability and opens doors to higher training and future opportunities.



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# Contemporary





# Contemporary

Contemporary dance is a versatile and expressive art form that blends elements of classical ballet, modern dance, and improvisation. Known for its freedom of movement, contemporary encourages dancers to explore momentum, weight, breath, and connection to the floor.

At Sunshine Coast Dance Academy we focus on both technique and creative expression, allowing dancers to move with authenticity, emotional depth, and individuality.

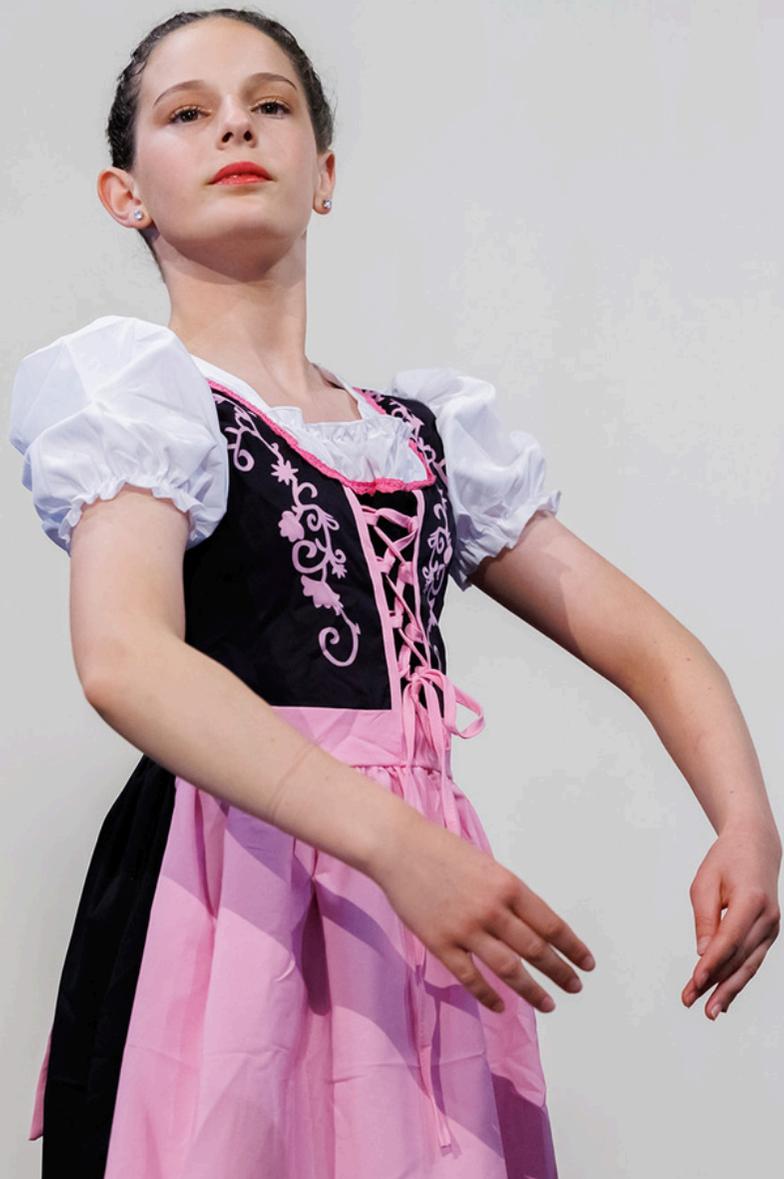
Contemporary develops strength, fluidity, spatial awareness, and dynamic contrast. Dancers learn travelling sequences, release-based movement, floor work, extension, and musical interpretation, while also gaining experience in storytelling and performance artistry.

It is a style that evolves constantly with the dance world, making it exciting, relevant, and creatively enriching for students of all ages.



# Classes & Development





# Full Time Training

Sunshine Coast Dance Academy offers a comprehensive full-time dance program for students aspiring to a professional pathway. The curriculum combines classical ballet, contemporary, improvisation, choreography, and performance training with academic studies at Peregian Beach College, allowing dancers to balance both education and intensive dance training.

Training runs during school terms, aligned with Peregian Beach College 2026 term dates:

**Term 1:** Wed 28 Jan – Thu 2 Apr

**Term 2:** Mon 20 Apr – Fri 19 Jun

**Term 3:** Mon 13 Jul – Fri 18 Sep

**Term 4:** Tue 6 Oct – Fri 4 Dec

Students receive a strong technical foundation through the Cecchetti Method in ballet, alongside contemporary, creative, and performance-based classes. The program also includes strength & conditioning, pointe work, rehearsals, and workshops, ensuring dancers develop the skills, artistry, and stamina for a professional career.

Our aim is to nurture well-rounded, confident performers, ready for higher training, scholarships, and professional opportunities in dance.

# Timetable

## Monday

- 7:00–8:15 – Juniors: Classical Ballet
- 7:00–8:15 – Middle School & Intermediates: Strength & Conditioning
- 3:00–4:30 – Middle School & Intermediates: Classical Ballet

## Tuesday

- 7:00–8:15 – Middle School & Intermediates: Classical Ballet
- 2:15–4:30 – Rehearsals

## Wednesday

- 7:00–8:15 – Middle School & Intermediates: Contemporary
- 3:00–4:30 – Middle School & Intermediates: Improvisation, Creative Work & Choreography

## Thursday

- 1:00–2:00 – Middle School & Intermediates: Classical Ballet
- 2:00–3:00 – Middle School & Intermediates: Pointe Work
- 3:00–4:30 – Juniors: Contemporary & Creative

## Friday

- 7:00–8:15 – Juniors: Jazz
- 3:00–4:30 – Middle School & Intermediates: Jazz

**Note:** Schedule may change during show preparation or special events.

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# Sunday Associates

Our Sunday Associates program is designed to extend training and provide students with the opportunity to work alongside internationally experienced industry professionals. These sessions offer an inspiring environment to develop technique, artistry, and performance skills beyond regular classes.

## Schedule:

- **Last Sunday of each month (except June)**

- **Dates:**

March 29

April 26

May 31

June 21

July 26

August 30

September 27

- **Time:** TBC

This program is ideal for dancers looking to challenge themselves, broaden their training, and gain guidance from highly skilled, internationally experienced professionals. Spaces are limited, so early enrolment is recommended.



# Summer School

**Dates:** Monday 21 September – Friday 25 September 2026

Our Summer School program offers students an exciting opportunity to explore new dance styles, refine technique, and deepen their training during the school break. Classes cover classical ballet, contemporary, jazz, and creative workshops, with the added chance to work alongside experienced industry professionals, gaining insight into professional practice and performance.

Summer School is designed for dancers of all levels, from beginners to advanced, and provides a supportive, inspiring environment to enhance artistry, build confidence, and develop performance skills.

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# Performance Opportunities and Events



## Performance Opportunities and Events

At Sunshine Coast Dance Academy, performance is a key part of every dancer's journey. Our students are given opportunities throughout the year to showcase their skills, build confidence, and share their artistry in a supportive and inspiring environment.

Event	Description
Annual Performance	Our highlight event of the year, showcasing all students on stage.
End-of-Year Presentation	A celebration of students' growth, achievements, and dedication.
Summer School & Holiday Classes	Special programs during school breaks to explore new styles, develop skills, and deepen training.
Workshops & Masterclasses	Sessions led by experienced industry professionals to enhance technique and artistry.
Theatre Excursions	Students attend professional performances to gain inspiration, insight, and an understanding of high-level stagecraft
Community Events	Opportunities to perform at local events, festivals, and celebrations.





# Academy Tuition Fee's

Sunshine Coast Sporting Academy and Peregian Beach College have partnered to provide a comprehensive scholar development program, combining high-level sporting training with academic excellence.

## **The academy training fee's alone**

**Per Annun: \$4,400**

### **Direct Debit Payment Plans**

Payment plans are available for fees, with weekly, fortnightly, or monthly instalment options by pre-approved Direct Debit Request (DDR) through SportsPlus, our online registration portal.

\*Payments are non-refundable

### **Notes:**

Any additional programs (Sunday Associates, workshops, summer school) are charged separately.



# Sunday Associate Fee's

**Lesson Fee:** \$150 per day

**Schedule:** Last Sunday of each month (except June – June 21)

## **Dates & Fee per Session:**

March 29 – \$150

April 26 – \$150

May 31 – \$150

June 21 – \$150

July 26 – \$150

August 30 – \$150

September 27 – \$150

## **Payment Terms:**

Payment is required before each session.

Spaces are limited, so early payment and enrolment are recommended.

Once paid no refunds can be made.

# Facilities

Sunshine Coast School of Dance is home to two newly refurbished studios, upgraded in 2025 with professional dance flooring and high-quality barres. Both spaces offer a clean, safe, and inspiring environment for dancers to train, grow, and express themselves.

Our studios are equipped with air-conditioning and modern sound systems, creating a comfortable and motivating atmosphere for every class. We're proud to provide a welcoming space where students feel supported, encouraged, and at home.

- Dance Flooring
- Floor Mounted Barres
- Full Length Mirrors
- Air Conditioning / Fans
- Modern Sound System



# Contact

**Address:**

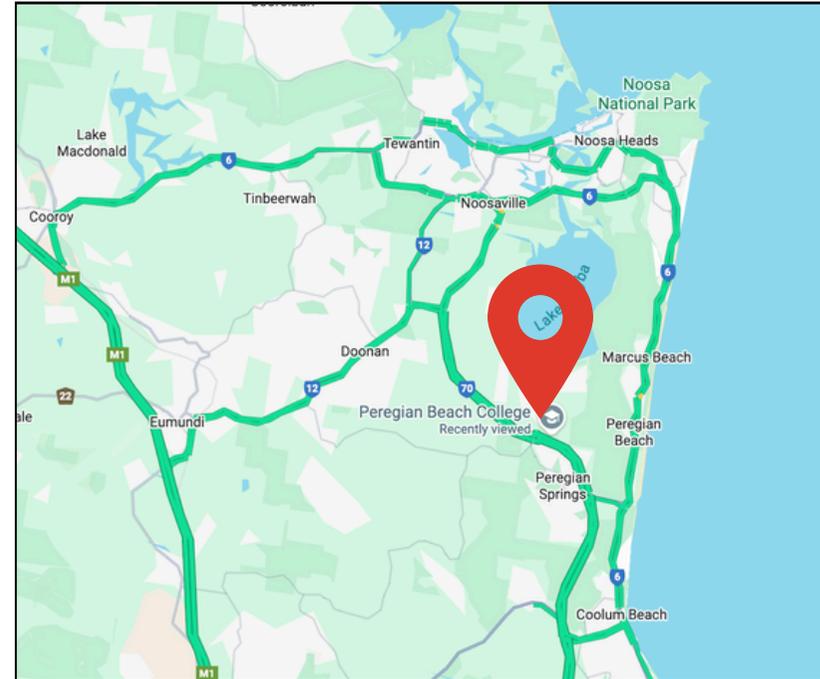
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